



SIEMENS

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How to use your
new hearing aids.

Easy handling for easy listening.



Life sounds brilliant.

Step into a whole new world of sound...

The rushing of a stream, birdsong or the rustling of autumn leaves ...
With your new hearing instruments, you'll rediscover the full range of sounds that add magic to every moment.

You'll be able to enjoy lively discussions with your loved ones and cherish your favorite music in full, but you will also be able to hear all the subtle sounds you may not have heard for years – like the rustling of newspaper or the tick-tock of your favorite antique clock. It will take time to get used to the symphony that surrounds you. But with practice and patience, you will hear with ease again.

So get ready for the whole new world of sounds that awaits ...

Take your time and be patient.

Growing accustomed to your instruments.

Enjoy the little things.

Have a positive and confident attitude.

Write your successes into a diary.

Take good care of your hearing instruments and they can take good care of you.

Your Hearing Care Professional will be by your side every step of the way.



A second chance.

Most of us never had to learn to hear – we started to discover the world of sound before we were even born. Using hearing instruments gives us the unique chance to rediscover our world and ourselves!

Hearing well again helps you feel more confident and more prepared to take on new things – and it's also beneficial for your loved ones: Friends and family enjoy how easy it is to communicate with you again. Meeting them for a nice chat in a café or going to the movies or a concert becomes so much more comfortable – and you can enjoy sharing conversation, laughter and music together again.

However, hearing everything again can feel strange at first – sometimes your rediscovered ability seems like a sonic superpower: The purr of your car's engine suddenly sounds like a freight train. Or wine poured into a glass seems like a waterfall. But don't worry; just like everything new, it takes some time to adjust. And when you are patient, you soon appreciate the advantages and greater quality of life your hearing instruments offer.

Practice makes perfect.

- Every wearer adjusts to hearing instruments at their own pace. But everyone can benefit from having the right attitude, patience and realistic expectations. And a few useful tips can get you off to the right start.

Duration



- Start to use your hearing instruments first thing in the morning.
- Wear them all day until you go to bed at night.
- Do not take them off, even if you think you do not need them, e.g. when reading in quiet. This way, you will hear the doorbell or telephone, and also learn what it's like to hear with hearing instruments in quiet.

Experience



- Keep a hearing instrument diary in which you write down your positive and negative experiences.
- Listen carefully to the volume and quality of sounds in different hearing situations.
- Tell your Hearing Care Professional about your experiences at your next appointment.

Training



- Train your hearing by exposing yourself to various hearing situations.
- Especially after longer periods of living with hearing loss, dedicated hearing training is recommended – with a Hearing Care Professional or at home.
- For at-home training, use the Siemens **eARena™** interactive audio training on DVD.

The right way to use your hearing instruments.

Ensure that your hearing instruments can continue to help you for years to come by taking care of them. This can be done in a few simple steps and will soon become routine.

Practical tips on maintenance and use

Hearing instruments are highly sophisticated technical masterpieces. For hygienic reasons and to maintain their functionality, clean your hearing instruments daily.

Clean your Behind-The-Ear or In-The-Ear hearing instruments according to the instructions, using only the recommended cleaning products. For further information contact your Hearing Care Professional.

Dry your hearing instruments overnight. Please use the recommended drying products.

For longer periods of non-use, store your hearing instruments with open battery compartment and batteries removed in an electrical drying system in order to avoid the adverse effects of moisture.

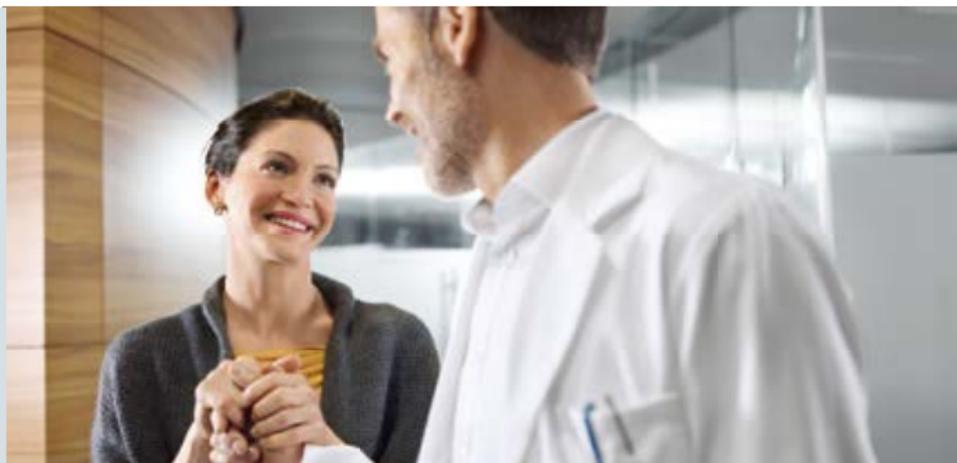
Take your instruments to your Hearing Care Professional at regular intervals for a more thorough professional cleaning and maintenance.

Remember to have your replacement batteries on you at all times – just in case the battery expires while you are out and about.

Always there for you: Your Hearing Care Professional.

Whether at your first or at subsequent fittings, your Hearing Care Professional will ensure that your hearing instruments are customized for your specific needs.

They ensure that the instruments sit and function correctly and, if necessary, carry out any servicing and repairs. So make sure to tell your Hearing Care Professional about your experiences, your progress, or ask any questions you may have – they will always be there for you.



➔ **Stay tuned.** As you can see, wearing hearing instruments brings back the sounds you love – and enhances your life every day. If you would like further information, see our full catalogue or talk to your Hearing Care Professional.

The information in this document contains general descriptions of the technical options available, which do not always have to be present in individual cases and are subject to change without prior notice.

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